

Welcome to the
JMH Surgery
Center



JMH Surgery
Center

613 Campus Drive, Suite 300
Abingdon, VA 24210
276-258-1480

Physician _____ Date of Surgery _____

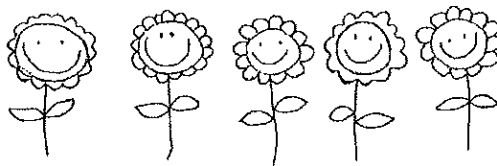


Dear Family,

This coloring book is our first introduction to your child. We hope that your family can use this fun and interactive coloring book to ease anxiety and fears relating to your child's upcoming surgery.

We invite you to call our surgery center team with any further questions prior to the day of surgery at 276-258-1480.

Thank you for choosing our facility,
JMH Surgery Center Team

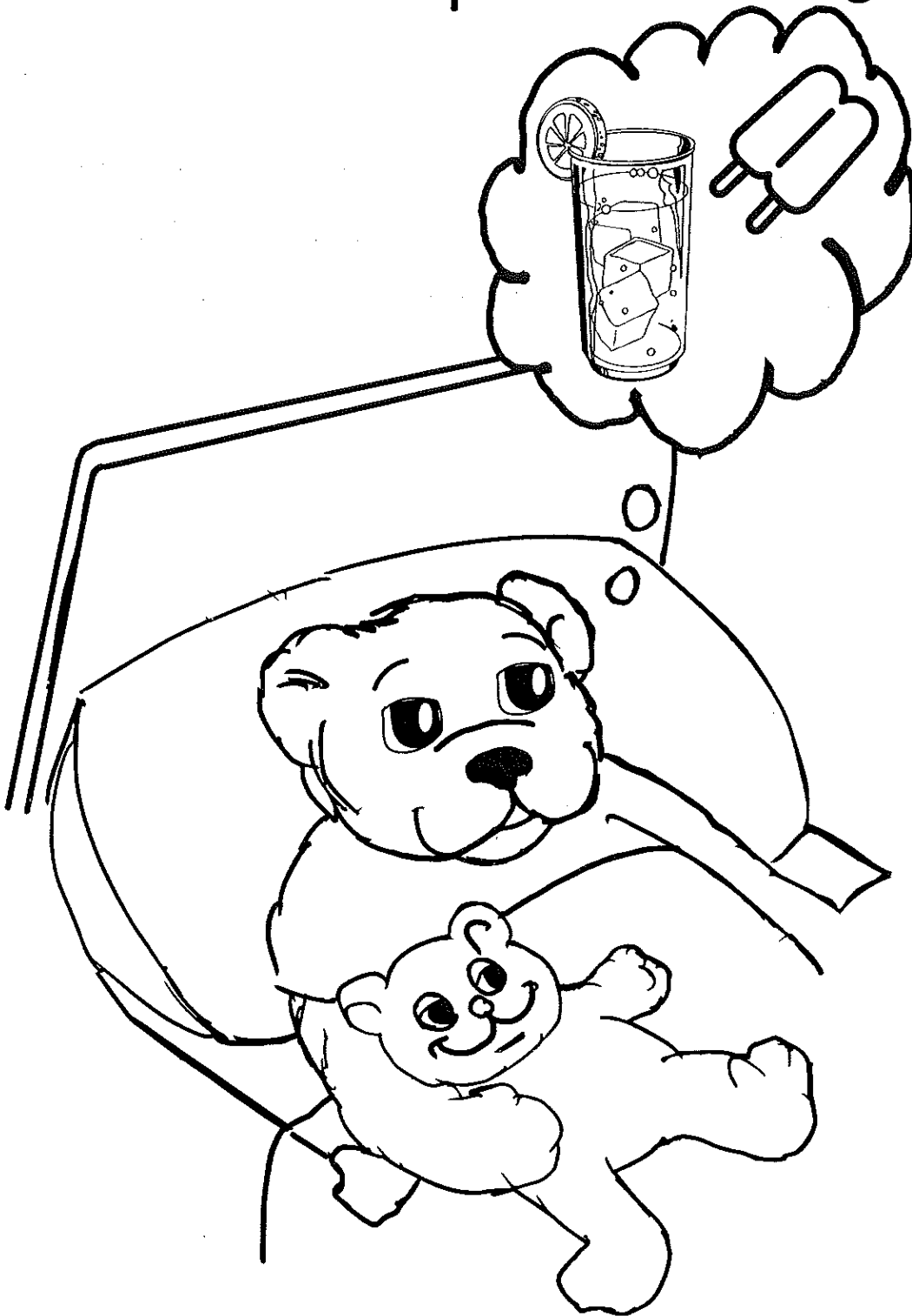


Hello

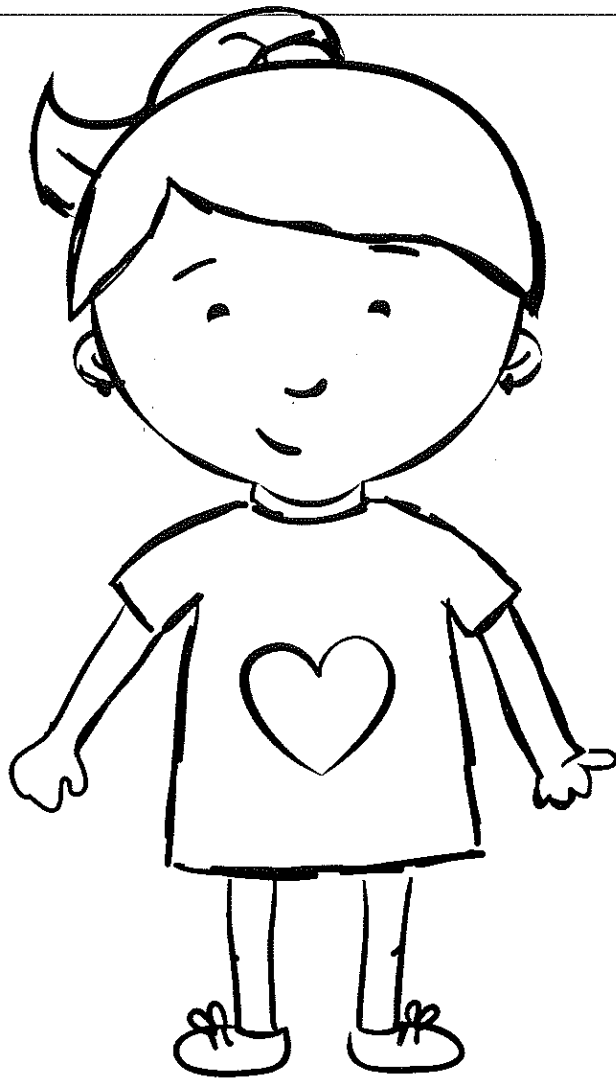


We would like to welcome you and your child to the JMH Surgery Center. Our team of dedicated doctors and nurses are here to provide the very best of care for your child so they may feel better again soon.

As You Prepare For Surgery...



Please do NOT eat or drink anything after midnight before your surgery. After your surgery, you will wake up and have all kinds of juices and popsicles to drink and eat.



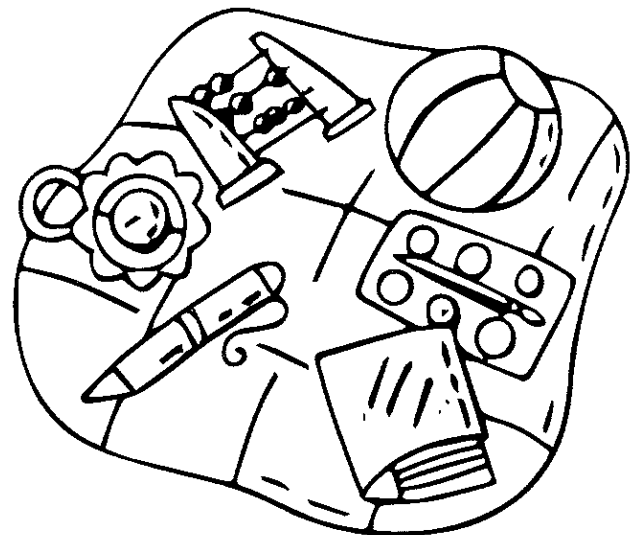
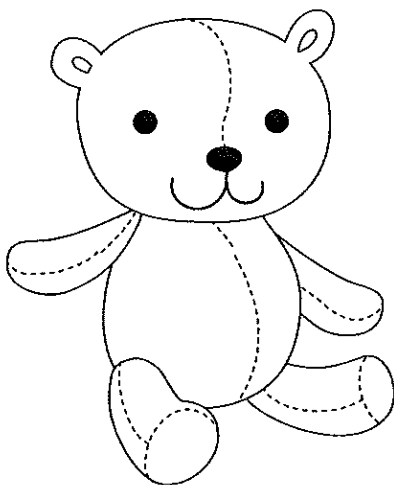
Before Surgery

You will get to wear a special bracelet with your name on it. This helps the doctors & nurses get to know you.

Getting Ready

Your parents will help you change into a gown. A nurse will check your temperature & blood pressure. A doctor will listen to your heart & lungs.

Bring your favorite TOY or Blanket with you!

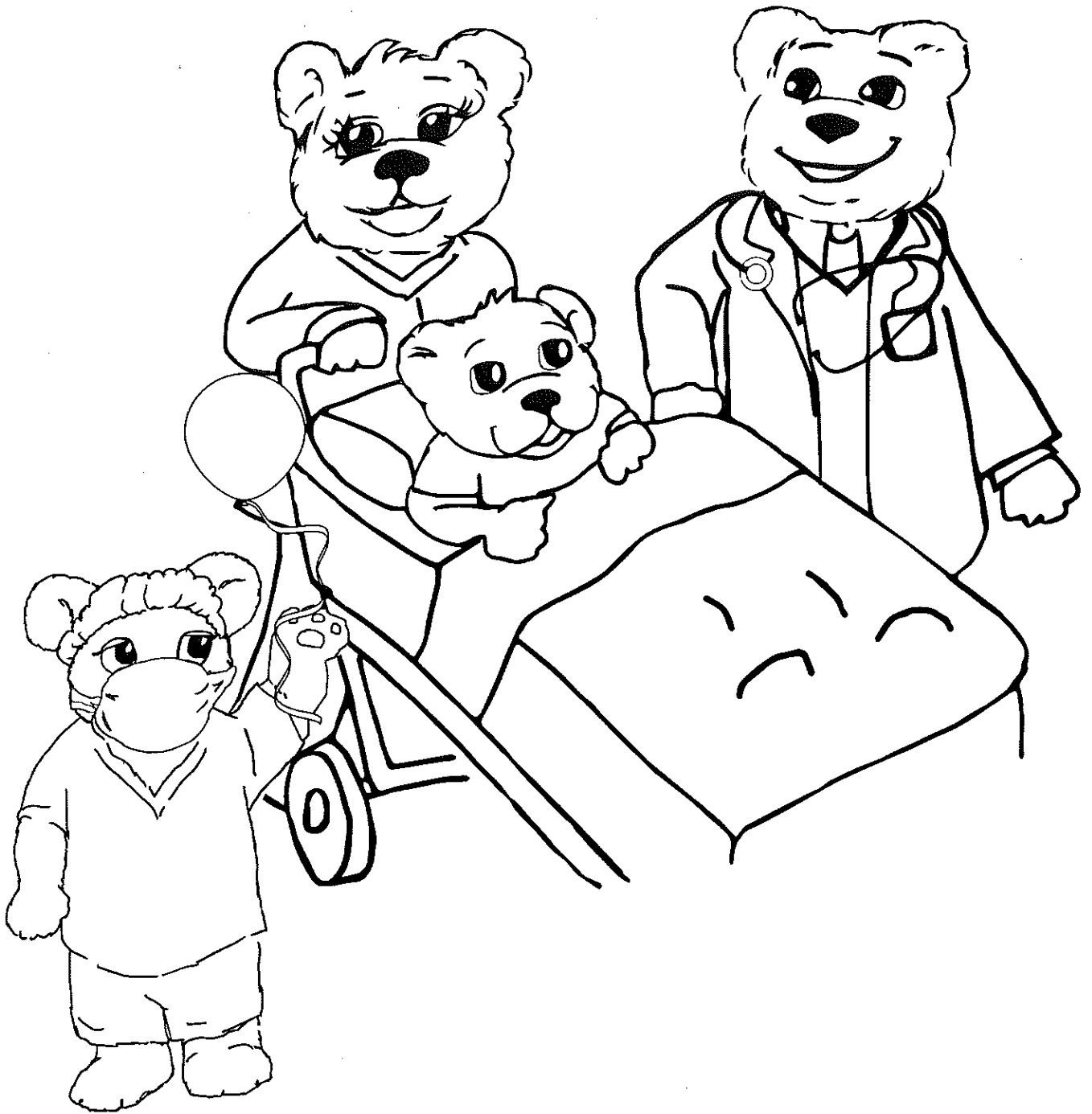


Why are you having surgery?



Do you have a sore throat or an earache that won't go away? Some children need their tonsils removed or need tiny tubes placed in their ears to make them feel better. There are many reasons to have surgery. Why are you having surgery today?

Going To The Surgery Room



You get to go with the nurse to the surgery room where your own specialized team is waiting to meet you. You will get to pick your favorite scent for your mask. You will also get to blow up a big green balloon.

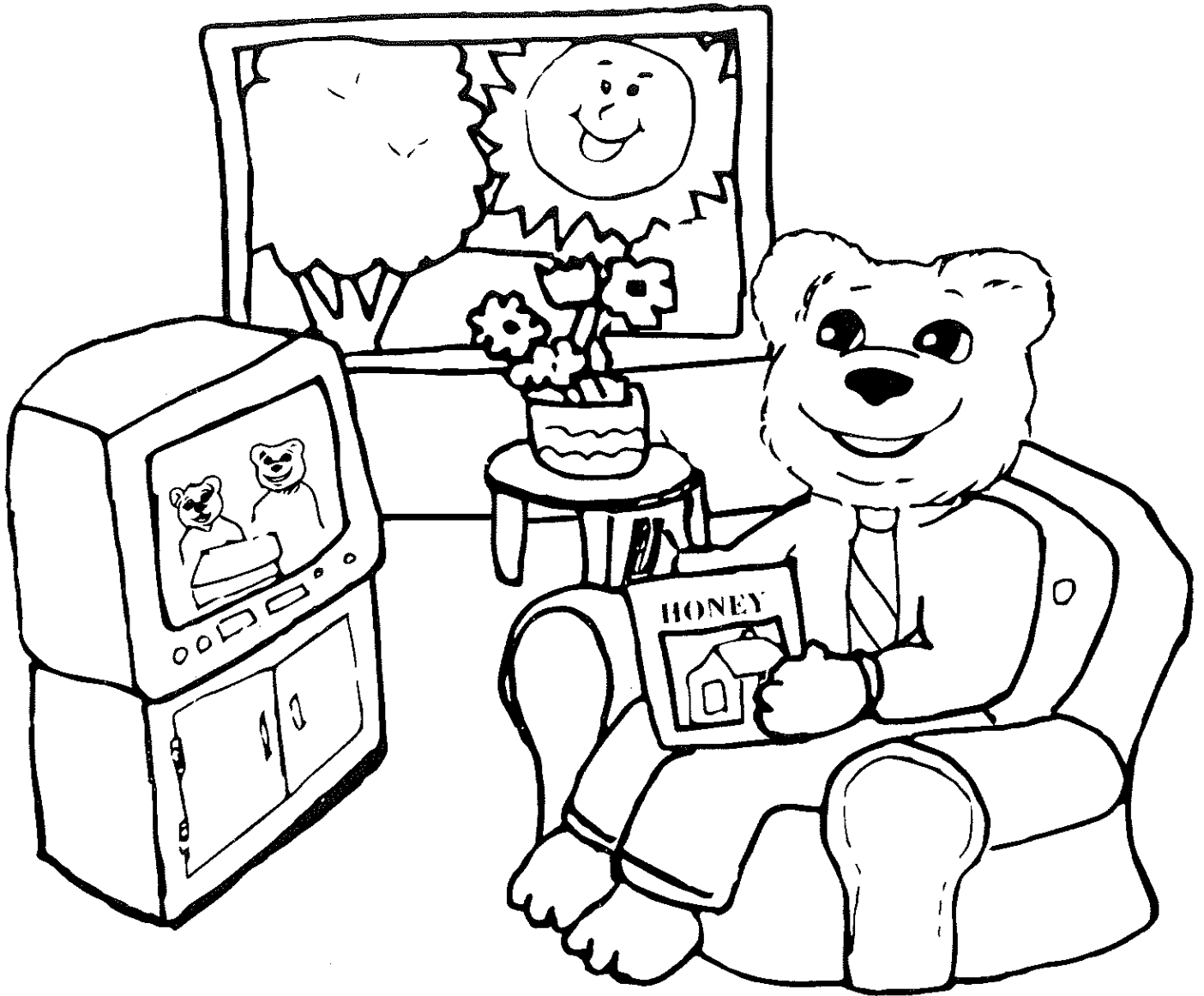
Who Are All The Funny Looking People?

You will get to see lots of people wearing funny hats and masks. They are here to help your doctor with your surgery.



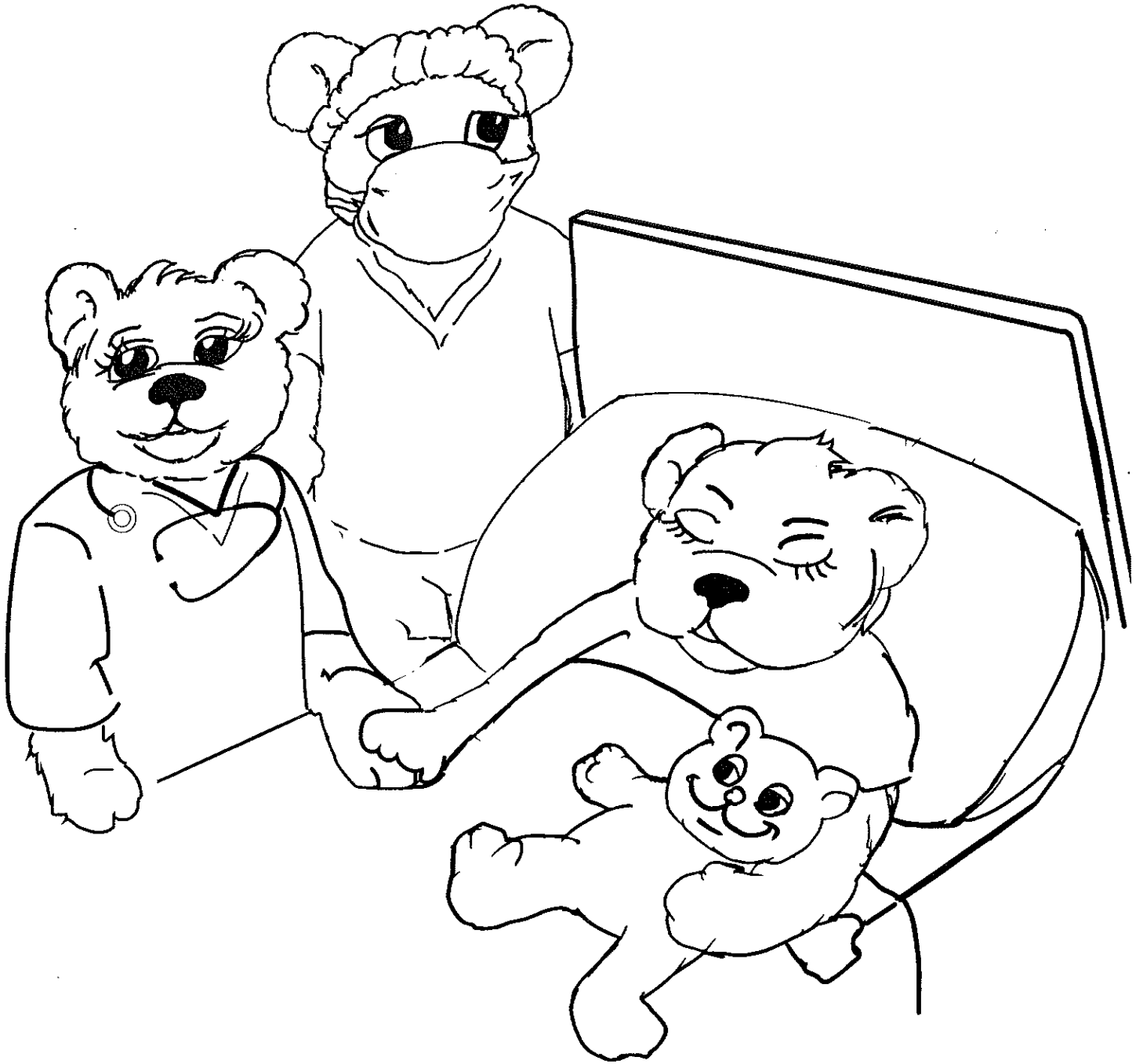
You will get to see several giant machines that make different noises and beeps.

Your Family Will Wait For You



Your family will be in the waiting room, which is very close by. They will be by your side when you wake up. They will all be very proud of you for doing so good!

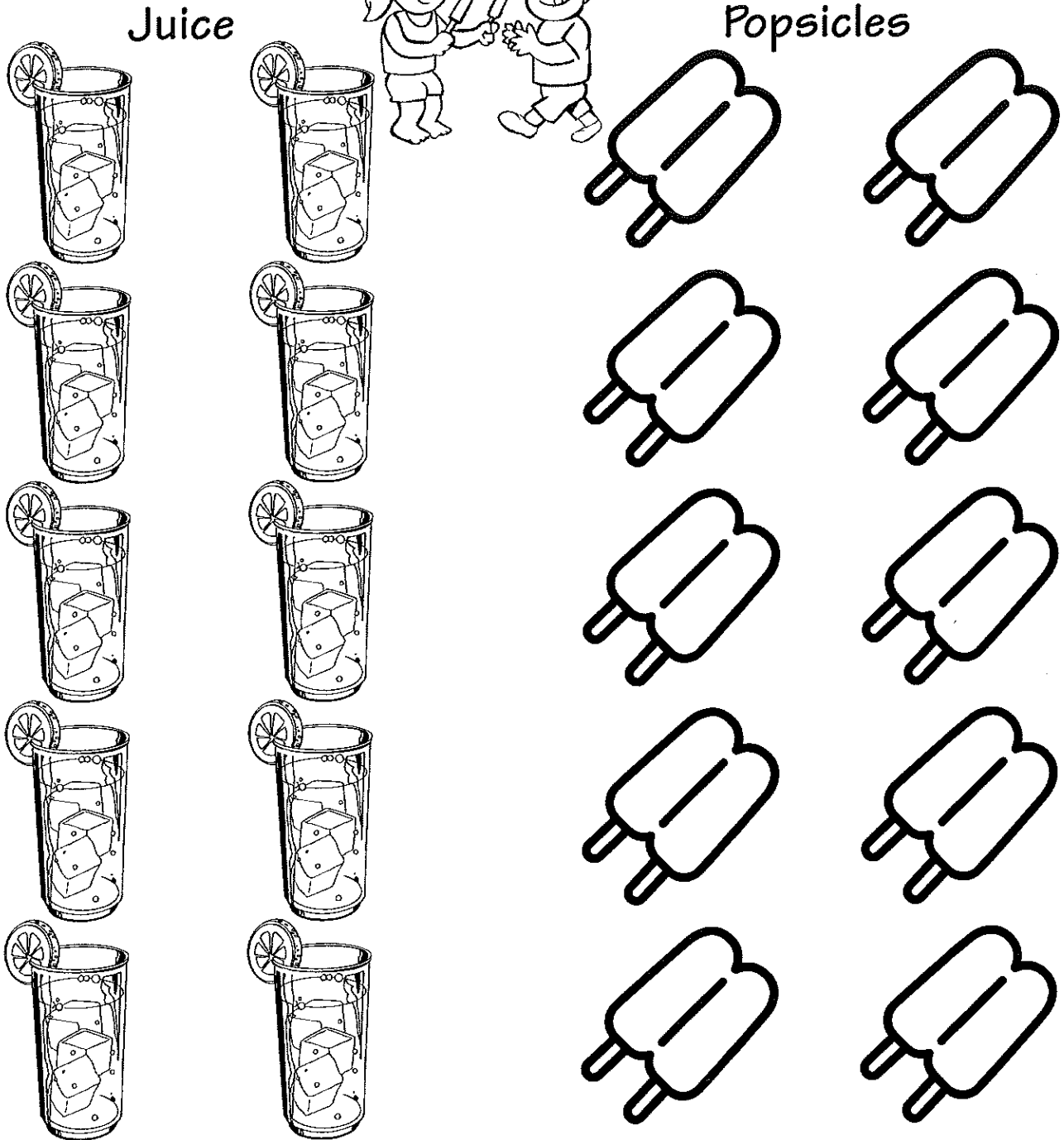
WAKE UP SLEEPYHEAD!!! 😊



You may feel funny or dizzy when you are waking up from surgery. Everything may look blurry. There will be nurses there taking good care of you. Let your nurse know if anything is sore or hurts, she can give you some medicine to help you feel better.

After Your Surgery

Remember, it is extremely important for you to drink a lot of fluids after your surgery to help you feel better faster! Drink all the fluids that you can!



Color each one as you drink or eat them so you can see how good you are doing!

You Did It!

Your nurse will tell you when you are ready to go home. You can drink & eat all the juice & popsicles you want while you are waiting.



Let's Go Home!

